

**Treatment Providers in the Community**  
The Counseling Center  
Hobart and William Smith Colleges

*The following therapists have expressed an interest in working with HWS students. The Counseling Center does not endorse or recommend a specific mental health service provider. This list is simply for your convenience and is not intended to be a complete list of all mental health providers in the area.*

**Maria Gigliotti, LCSW-R**

- **Credentials:** NY Licensed Social Worker #076765-1; Masters in Social Work
- **Contact information:** 12 N Park St, Seneca Falls, NY 13148; **Phone #:** 315-257-0036
- **Therapy approach:** Strength based; explore life experiences to understand self and make changes.
- **Areas of interest/expertise:** Varied, with particular interest in self-esteem, impact of family dynamics, relationships and anxiety.
- **Insurance information:** Accepts most insurances. Fee is \$50/hr. and sliding scale fees are available if necessary (arranged on a case-by-case basis).

**Katheryn L'Heureux, LCSW**

- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Contact information:** 751 Pre Emption Road Suite 2, Geneva, NY 14456; **Phone #:** 215-779-9138; **E-mail:** [kheatonlcsw@gmail.com](mailto:kheatonlcsw@gmail.com)
- **Therapy approach:** Structured to meet needs of the client, DBT, CBT.
- **Areas of interest/expertise:** Depression, anxiety, trauma, family dynamics, LGBTQ.
- **Insurance information:** Does not accept insurance, sliding scale based on family's income.
- **Additional information:** Evening hours available.

**John Eichenberger, LMHC, CASAC**

*Hope And Help Counseling*

- **Credentials:** NY Licensed Mental Health Counselor 006328; Credentialed Alcohol and Substance Abuse Counselor #17971; CCTP II
- **Contact information:** 32 Jeanette Street, Geneva, NY 14456; **Phone #:** 315-879-3289 OR 585-425-2840, x4; **E-mail:** [johnetherapy@gmail.com](mailto:johnetherapy@gmail.com);
- **Therapy approach:** DBT; Multiple approaches—tailored to client/patient.
- **Areas of interest/expertise:** Depression, personality disorders, anxiety, substance abuse, abuse recovery, PTSD.
- **Insurance information:** Accepts Aetna, BCBS, Cigna, United Health, Oscar, Oxford. However, potential clients may submit “out-of-network.” John Eichenberger will provide documentation as requested by insurers in support of such claims. Sliding fee scale – arranged on a case by case basis.
- **Additional information:** Offers Telehealth and in-person. Available for appointments on Tuesdays, Wednesdays, and Thursdays.

**Margaret P. Kennedy, Psy.D.**

- **Credentials:** NY Licensed Psychologist #010038; Doctorate in Professional Psychology
- **Contact information:** 324 W. North St., Ste. 4, Geneva, NY 14456; **Phone #:** 315-781-6617

- **Therapy approach:** Cognitive-behavior therapy, family systems, eclectic.
- **Areas of interest/expertise:** Specializes in children and adolescents from ages 3-21; works with a wide range of difficulties including anxiety, depression, ADHD, anger management, family and relationship issues, disordered eating, and learning problems.
- **Insurance information:** Accepts most insurances/all major insurances.
- **Additional information:** Certified School Psychologist – will do LD assessments. Conversational in Spanish.

#### **Jaime Lamanna, LMHC**

- **Credentials:** NY Licensed Mental Health Counselor # 004315
- **Contact information:** 12 N. Park Street, Seneca Falls, NY 13148; **Phone #:** 315-254-4691 OR 315-670-0121
- **Therapy approach:** Psychoeducational, cognitive-behavioral, relational, strength-based and more.
- **Insurance information:** Accepts United Behavioral Health, Valueoptions, MVP, Pomco, Fidelis, Aetna, EAP, Tricare; out-of-pocket rates range from \$65-\$85/per session.

#### **Rick Locey, LCSW-R**

- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Contact information:** 324 W. North St., Suite 4; Geneva, NY 14456; **Phone #:** 585-729-8893; **E-mail:** [rick@ricklocey.com](mailto:rick@ricklocey.com); **Website:** [www.ricklocey.com](http://www.ricklocey.com)
- **Therapy approach:** Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Insight-Oriented, Psychoeducational, eclectic
- **Areas of interest/expertise:** Depression, Anxiety, PTSD, Cutting & Other Self-Harm Behaviors, Quality of Life Interfering Behaviors (e.g., school/employment concerns; impulsivity and risk-taking; binge eating and bulimia; interpersonal conflicts; high emotional reactivity), LGBTQ concerns, self-esteem issues and motivation
- **Insurance information:** All major health plans including: Aetna, Beacon, BC/BS, Excellus, Fidelis, MVP, United Healthcare and ValueOption.
- **Additional information:** CATS bus accessible\*

#### **Susan McGowan, LCSW-R**

- **Credentials:** NY Licensed Clinical Social Worker
- **Contact information:** 324 W. North St., Geneva, NY 14456; **Phone #:** 315-945-2499
- **Therapy approach:** Eclectic with CBT, DBT, trauma experience
- **Insurance information:** Excellus/Blue Cross/Blue Shield

#### **Kathleen Pullano, LCSW-R**

- **Credentials:** NY Licensed Social Worker #R055295; Masters in Social Work
- **Contact information:** 324 W. North St., Geneva, NY 14456; **Phone #:** 315-759-0655
- **Therapy approach:** Psychoeducational, cognitive-behavioral, dialectical behavioral and brief therapy models, however is flexible about using whatever method is most beneficial.
- **Areas of interest/expertise:** Anxiety, depression, Bipolar Disorder, adult and adolescent developmental issues, relationship issues, eating disorders, sexual abuse and trauma, grief, etc.
- **Insurance information:** Accepts most insurance for payment and the fee is generally fully covered by a combination of primary (i.e., parents') and secondary (school's policy) insurance.

### **Brook Slaby, LMHC**

- **Credentials:** NY Licensed Mental Health Counselor
- **Contact information:** 5297 Parkside Dr, Building 300, Office 412, Canandaigua, NY 14424.  
**Phone #:** 585-362-7241
- **Therapy approach:** Animal Assisted Therapy, Client Centered Therapy, Cognitive Behavioral Therapy, Biofeedback
- **Areas of interest/expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD, autism
- **Insurance information:** Insurance not accepted.

### **Katharine Shipley Muscato, LCSW-R**

- **Credentials:** NY Licensed Mental Health Counselor
- **Contact information:** 324 W. North Street, Geneva NY 14456  
**Phone #:** 585-613-1156  
**Email:** [kshipleylcsw@gmail.com](mailto:kshipleylcsw@gmail.com)
- **Therapy approach:** Trauma Informed Care, Cognitive Behavioral Therapy, Solution Focused Therapy, Mindfulness, Modern Psychoanalysis
- **Areas of interest/expertise:** Complex Trauma/PTSD, Anxiety, Depression, Grief, Autism Spectrum/Social Pragmatic Communication, Academic Challenges, Coping Strategies
- **Insurance information:** Excellus and MVP.

### **Local Counseling Agencies, Practices, and Specializations:**

#### **Boike Professional Building**

- **Contact information:** 3180 West Street, Canandaigua, NY 14424; **E-mail:** [Boike3180@BoikePB.com](mailto:Boike3180@BoikePB.com) **Phone #:** 585-394-1442; **Fax #:** 585-394-1257
- **Website:** <https://boikepb.com/>
- **Services:** Individual therapy, Marriage/Couple counseling, Parent child relations, Parent-adolescent conflict management, Adolescent problems, Step family adjustment, Drug and Alcohol abuse evaluation, Treatment of depression, anxiety and psychosomatic problems, Individual psychological evaluations, Stress Reduction, Crisis Intervention, Group therapy for self-esteem development, Incest victim survivors, Counseling for the physically impaired and their families, Psychotherapy with LGBTQ + individuals
- **Payment information:** All payments due at time of service; Services can be prepaid by check or credit card
- **Additional information:** Open for telehealth and in-person appointments; Masks required in building; Currently working off a waitlist with anticipation of openings in near future (contact office to verify waitlist and timeframe of next available appointment).

#### **Family Counseling Service of the FL**

- **Contact information:** 671 South Exchange St, Geneva, NY 14456; **E-mail:** [familycounseling@fcsfl.org](mailto:familycounseling@fcsfl.org) **Phone #:** 315-789-2613; **Domestic Violence hotline (24/7):** 1-800-695-0390
- **Website:** <https://fcsfl.org/>
- **Services:** Therapy & counseling including general counseling services, family therapy, couples therapy, and group therapy; FCSFL also provides Domestic Violence Program, Parenting Program, LGBTQ+ Program, Bilingual Family Services, and Case Management.

- **Additional information:** Fees dependent on service. Call directly to schedule a therapy/counseling appointment

### **Finger Lakes Area Counseling and Recovery Agency (FLACRA)**

#### *Geneva Location*

- **Contact information:** 246 Castle Street, Geneva, NY 14456; **Phone #:** 315-781-0771 OR (for immediate assistance) 833-435-2272; **Fax #:** 315-781-2773
- **Website:** <https://www.flacra.org/mental-health> or <https://www.flacra.org/>
- **Services:** Comprehensive treatment services for substance use and other health-related disorders. Services include, but are not limited to, addictions crisis counseling, outpatient services, community residences, supportive living, housing, and care management.
- **Additional information:** Multiple locations throughout Finger Lakes region. Offering virtual and in-person care; Offering virtual group sessions (see link for more information regarding groups: <https://www.flacra.org/virtual-connections>)

### **Finger Lakes Community Health**

- **Contact information:** 601-B Washington Street, Geneva, NY 14456; **Phone #:** 315-781-8448; **Fax #:** 315-781-8444
- **Website:** <https://www.localcommunityhealth.com/>; **Behavioral Health Website:** <https://www.localcommunityhealth.com/medical/behavioralhealth/>
- **Services:** Behavioral health services include: Mental health assessments, substance abuse screenings, counseling, telepsychiatry services, psychiatric consultation, and coordination with the primary care team. Additionally, Finger Lakes Community Health offers medical, reproductive, dental, patient support, and pharmacy services.
- **Insurance information:** Now accepting new medical and dental patients. Most Insurances accepted. Generous sliding fee scale available. Insurance enrollment services available.
- **Additional information:** Telehealth services available; depending on individual's need, you may attend one-on-one counseling sessions and/or support groups, or be referred to an in-patient setting.

### **Ontario County Mental Health**

- **Contact Information:** 3019 County Complex Drive, Canandaigua, NY 14424; **Phone #:** 585-396-4363; **Fax #:** 585-396-4993
- **Website:** <https://ontariocountyny.gov/99/Mental-Health>
- **Services:** Evaluation, treatment and referral services to residents of Ontario County; contact with questions about mental health treatment, substance or addiction treatment, or developmental disability services or programs in Ontario County
- **Additional information:** Fees determined at time of initial appointment; sliding scale fee based on income; assistance in referral to apply for insurance if you currently do not have any health insurance. Majority of services will be offered virtually through telehealth options or by telephone; On-site telehealth appointments are available (by appointment only) if unable to access internet/smartphone. In-person services are limited, yet available as needed.

### **Planned Parenthood of Canandaigua**

- **Contact information:** 15 LaFayette Avenue, Canandaigua, NY 14424; **Phone #:** 866-600-6886; **Fax #:** 585-396-9027

- **Areas of interest/expertise:** Hormone Therapy, Abortion Services, Birth Control, STI testing, LGBTQ services, HIV testing, Men's Health Care, Emergency Contraception, Pregnancy Testing and services STD treatment, testing and vaccines, Women's health care
- **Insurance information:** Most birth control, annual exams, HIV testing, and STD testing will be covered for free, with no copay. With or without insurance, you can receive **all** health care, sliding scale fee, no referrals necessary, must bring photo ID and proof of income (bill, financial aid, etc.)
- **Additional information:** Same day appointments for emergencies, online scheduling available. Hormone Therapy is available by appointment only on Friday's

### **Safe Harbors of the Finger Lakes**

- **Contact information:** 24-hour Hotline: 800-247-7273; Text Helpline (Monday-Friday 8:30am-4:30pm): 315-305-2063; Geneva, NY office Phone #: 315-781-1093; Geneva, NY office Fax #: 315-781-0004
- **Website:** <https://shflny.org/>
- **Services:** Services for individuals, children, and families who have experienced sexual violence, domestic violence, child abuse, and human trafficking in Ontario, Seneca, and Yates Counties. Individual counseling, support groups, legal accompaniment, and personal advocacy with referrals to other local agencies.
- **Additional information:** All services are free and confidential.

### **Trillium Health**

- **Contact information:** 259 Monroe Ave Rochester, NY 14607 AND 170 Science Parkway, Rochester, NY 14620; **Main Phone #:** 585-545-7200; **Pharmacy #:** 800-923-9394; **Fax #:** 585-244-8177
- **Website:** <https://www.trilliumhealth.org/>
- **Services and areas of interest/expertise:** Full range of services include primary care, pharmacy, Pathway Pediatrics, the Center for Gynecological Care & Wellness, the MOCHA Center, and Harm Reduction Services. Support groups, Gender-affirming Hormone Therapy, Abortion Services, Birth Control, STI testing, LGBTQ services, 24/7 PEP (morning-after pill for HIV exposure), HIV testing and PrEP, mental health counseling for HIV+ individuals and their loved ones, Emergency Contraception, Pregnancy Testing and services STD treatment, testing and vaccines, clean syringe exchange
- **Insurance information:** Serves all patients and offers discounts for services, based on family size and income. Sliding fee discounts are available.

### **Psychiatric Treatment Providers:**

#### **Deb Healy, M.D.**

- **Credentials:** General Psychiatrist
- **Contact information:** 2290 East Avenue, Rochester, NY 14610 OR 900 Westfall Road, Suite D, Rochester, NY 14618; **Phone #:** 585-340-7279; **E-mail:** [dhealymd@gmail.com](mailto:dhealymd@gmail.com)
- **Areas of interest/expertise:** College Mental Health; Depression; Anxiety; Eating Disorders
- **Insurance information:** Aetna; other plans may be reimbursable after met deductible (Excluding MVP, Medicare and Medicaid)

**Stephanie Achilles, M.D.**  
*Clarity Behavioral Health*

- **Credentials:** Board Certified Adult Psychiatrist
- **Contact information:** 50 State St. Manchester, NY 14504; **Phone #:** 585-289-1170; **Fax #:** 585-289-1197; **E-mail:** [info@claritybehavioralny.com](mailto:info@claritybehavioralny.com)
- **Website:** [www.claritybehavioralny.com](http://www.claritybehavioralny.com)
- **Areas of interest/expertise:** Students 18 years or older only; Treats all psychiatric disorders including: ADHD, depression, OCD, bipolar, anxiety, schizophrenia
- **Insurance information:** Some insurances qualify for reimbursement, otherwise initial screening is \$300, and every subsequent apt. is \$150
- **Referrals:** Anyone can schedule by using the *Appointment Request* option on the website. Wednesdays only

**Jessica Norton, M.D. & Kathee Cardegna, APRN**  
*Ontario County Mental Health Center*

- **Credentials:** General Psychiatrist; APRN
- **Contact information:** 3019 County Complex Dr. Canandaigua, NY 14424; **Phone #:** 585-396-4363
- **Areas of interest/expertise:** depression, ADHD, bipolar, schizophrenia
- **Insurance information:** Most major insurances
- **Referrals:** Students must first go through therapy screening process and meet with a therapist 2 – 3 times at OCMH before being referred to either prescriber

**Janet Lewis, M.D.**

- **Credentials:** General Psychiatrist, NY License #199313; Board certified physician
- **Contact information:** 108 Kimball Avenue, Penn Yan, NY 14527; **Phone #:** 315-536-6050
- **Areas of interest/expertise:** Depression, anxiety, bipolar disorder, post-traumatic stress, psychiatric medication management. Humanistic, psychodynamic, supportive therapy approach.
- **Insurance information:** Some insurances will reimburse fees.

**Michael Susco, M.D.**

*Canandaigua Lake Counseling Services*

- **Credentials:** General Psychiatrist, NY License # unavailable; Board certified physician
- **Contact information:** 42 North Main Street, Canandaigua, NY 14424; **Phone #:** 585-919-0014; **E-mail:** [info@canandaigualakecounselingservices.com](mailto:info@canandaigualakecounselingservices.com)
- **Areas of interest/expertise:** General psychiatry; adults and children
- **Insurance information:** Accepts most insurances

**Clifton Springs Behavioral Health**

- **Contact information:** 2 Coulter Road, Clifton Springs, NY 14432; **Phone #:** 315-462-9561
- **Insurance information:** Most major insurances; Financial aid programming for individuals who are unable to afford services
- **Additional information:** Student must engage in talk therapy with clinician if seeking psychiatric medication

### **Christine and Joseph Chruscicki**

- **Contact information:** 141 Surry's Trail, Suite 5B, Pittsford, NY; **Phone #:** 585-643-1415; **Fax #:** 585-486-1468
- **Insurance information:** All Excellus BCBS, Aetna, Cigna, Fee for service
- **Additional information:** Affiliated with Strong Memorial Hospital; Specializes in Adolescent medicine, child and adolescent psychiatry, and adult psychiatry. Expertise includes birth control, sexually transmitted diseases, schizophrenia, sleep disorders, insomnia, eating disorders, depression, Bipolar disorder/manic depressive disorder, substance abuse, ADHD

### **Strong Behavioral Health**

- **Contact information:** 601 Elmwood Ave, Rochester, NY 14642 (Psychiatry); **Behavioral Health Department Phone #:** 585-273-5050; **Psychiatry Department Phone #:** 585-275-3535

### **MDLIVE.com**

- **Contact information:** Virtual/telehealth option; **Phone #:** 1-800-400-6354
- **Website:** [www.MDLIVE.com](http://www.MDLIVE.com)
- **Services:** Behavioral health services offered include virtual appointments for therapy and psychiatry.
- **Insurance & rate information:** Accepts many major insurance plans including, but not limited to, Cigna, Humana, Blue Cross/Blue Shield, Aetna, etc. Psychiatry fees: \$0-\$284 for initial appointment (follow-up visits \$0-\$108); Therapy fees range from \$0-\$108 a visit. Fee ranges are dependent on insurance.
- **Additional information:** Unable to treat for emergency or crisis situations (i.e. suicidal/homicidal thoughts, self-harm, or risk of harm to others), ADHD prescription, active psychosis (hallucinations or delusions), substance use in active medical detox, moderate to severe autism spectrum disorders, any condition or combination of mental health conditions that prohibit the ability to perform typical/normal day-to-day activities. Unable to prescribe DEA controlled medications (i.e. ADHD stimulant medications and anti-anxiety benzodiazepines), detox medications (i.e. Suboxone, Methadone), medications that have the potential for abuse (i.e. pseudoephedrine, some muscle relaxants), sleep medications, or medicinal marijuana.