



Biennial Review of Alcohol and Other Drug Policies and Prevention Programming

**2020-2021
2021-2022**

PREPARED BY
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HOBART AND WILLIAM SMITH COLLEGES

SUMMARY

This biennial review of Hobart and William Smith Colleges' alcohol and other drug policies and prevention programming is prepared in accordance with U.S. Department of Education, Office of Safe and Drug-Free Schools and Campus Regulations (EDGAR Part 86). This report includes a review of campus policies and programming relevant to alcohol and other drug prevention and education. This report also summarizes statistics of our programming during the past two Academic Years (2020-2021 and 2021-2022).

In compliance with these regulations, Hobart and William Smith Colleges has provided the Biennial Review report on the effectiveness of its alcohol and other drugs (AOD) programs, prevention, training, treatment, campus climate, and policy enforcement. The document has been reviewed and approved. The report is available on the College's General Counsel's Policy page and in print form in the Office of Campus Life, Student Engagement, and the President's Office.



Becca B. Barile, EdD
VICE PRESIDENT FOR CAMPUS LIFE &
DEAN OF STUDENTS

Foster Student
Wellness &
Safety



Promote Civic
Responsibility





Alcohol and Other Drugs Treatment and Prevention

The alcohol and other drugs (AOD) policies and programs at Hobart and William Smith Colleges (HWS) are based on the philosophy of preparing students to lead lives of consequence. We offer a variety of preventative and educational programming to the campus community with this philosophy at the forefront. Through a collaborative approach, supervised by the Vice President of Campus Life and Dean of Students, AOD programs are grounded in policy review, social norm education, educational outreach and response, and substance-free housing options. A majority of education, outreach, and assessment is conducted by the Alcohol and Drug Awareness and Prevention Team (ADAPT) which began in Fall 2019 and has continued since. A comprehensive tally of alcohol and other drug rates of incidence and violation can be found in Appendix A.

Alcohol and Drugs Awareness and Prevention Team (ADAPT)

- Kristen Tapscott, Associate Dean of Student Engagement (Co-Chair)
- Hannah Smith-Williams, Associate Director of Student Engagement (Co-Chair)
- Gerry Glasso, Campus Safety Investigator
- Laura Tickner, Deputy Title IX Coordinator
- Shelle Basilio-Murray, Associate Vice President of Campus Life and Dean of Student Wellness and Support
- Joshua Bishop, Director of Community Values and Conflict Resolution

Overview of Campus Programming Efforts

Community Policies

HWS AOD policies are addressed as public health and welfare concerns, including a focus on state and federal law, campus regulations, and city ordinances. Our policies support only the legal and responsible use of substances, provide educational outcomes for policy violations, and encourage responsible decision-making (i.e. the Medical Amnesty Policy). Our policies and strong partnership with local agencies for referrals off campus for substance abuse treatment when necessary. One such partner is the Finger Lakes Area Counseling & Recovery Agency (FLACRA). Each of our AOD policies can be found in the Handbook of Community Standards and the AOD Annual Notice. The Handbook of Community Standards is distributed electronically to all students and can be found at https://www.hws.edu/offices/campus-life/pdf/community_standards.pdf. All students are expected to read and abide by the Colleges' Community Standards. The AOD Annual Notice is distributed to all community members – faculty, staff, and students, electronically as well. Paper copies of both documents can be made available by the Office of Campus Life upon request.

Social Activities

There are many opportunities for students at HWS to participate in substance-free social events, including weekend trips to nearby events, intercollegiate and intramural sports, and club events. Additionally, due to the COVID-19 pandemic, virtual programming options have been made available to allow students to attend events from the comfort of their homes or residence halls. All events approved by the Colleges appear in the Buzz newsletter, Corq mobile app, and the College's calendar. The Buzz is emailed to students twice per week, and many events are listed in HWS Engage, a platform for students to review upcoming events. In addition, students are encouraged to propose events and programs to provide more of these outlets to our student body. Lastly, many events are put on by Student Engagement staff in all residential areas, including the substance-free

Education and Outreach

In conjunction with our Office of Student Engagement and the ADAPT Committee, education and outreach to students are robust, particularly for our first-year students and within both our residence halls and Scandling Student Center. Some highlights include a required online alcohol education course for all incoming students (Alcohol Edu), Alcohol Awareness Week, Greek Life Programming, Fake ID Take Back events, TIPS alcohol monitor training, and a number of residential area programs with our Student Engagement community assistants.

Overview of Campus Programming Efforts

Substance Free Housing

HWS offers substance-free housing in all first-year residence halls, substance-free theme houses, and by request of any residential floor on campus. Students who wish to live in a sober atmosphere can apply to live in these residential spaces and are chosen by the Student Engagement staff and/or the house manager of that area. Most substance-free theme houses also enact additional themes, such as Mindfulness, which means that theme houses may have multiple identities residing inside of them.

Prevention Programming

HWS utilizes primary, secondary, and tertiary AOD Prevention efforts for our students. By including each of these approaches, we not only hope to avoid substance use disorders from occurring, we can also impede the progression of substance use disorders as well as provide referrals for the proper level of care for those who may need more intensive treatment. Each of these treatment efforts is outlined below:

Primary Prevention Programming

Social Norms Educational Model

Social norms theory is the primary prevention effort utilized on our campus. The Office of Student Engagement (FKA Office of Residential Education) has collaborated with national experts in alcohol education, Dr. Wesley Perkins and Dr. David Craig, the primary researchers on social norms on our campus. This research and our social norms campaigns are used on our campus in the following ways:

- Campus-wide paper and digital poster presentations of the most recent data collected from HWS student surveys displayed in highly visible areas throughout campus.
- Social Norms training is provided to student staff and to incoming students through online orientation materials available to all incoming students prior to their arrival.
- Special programming events are provided to our community by the ADAPT committee which consist of digital, remote, and in-person events.
- Orientation programming for first-year students about substance use and resources available to them.

Overview of Campus Programming Efforts

Assessment of Primary Prevention

The Colleges continue to uphold the hard liquor policy on our campus and promote responsible substance use for those who are of legal age.

In total, for the period of review, there were 76 incidents involving hard liquor. This is an increase from 56 incidents in the previous review.

Anecdotally, there was a perceived increase in alcohol consumption during the 2021 – 2022 school year as some social distancing measures from the COVID-19 pandemic were lifted and students were able to congregate together again. This can be seen when referencing only 18 total hard liquor violations during the 2020 – 2021 academic year followed by 58 during the 2021 – 2022 academic year.

Another assessment component is medical transport as a result of alcohol or substance use. For the previous Biennial Review, there were 63 total medical transports with 48 considered medical amnesty (76.1 % of alcohol transport cases were amnesty). For this period, there were 10 total medical transports associated with alcohol or other substances, and 7 of these cases were considered medical amnesty (70% of alcohol transport cases were amnesty). This period showed an overall 84% decline in alcohol-related medical transports.

In addition to these 7 medical amnesty transports, HWS had two additional instances where students called for medical amnesty but didn't actually need to be transported.

84%

decrease in
total alcohol
related transports

22%

of students who
made a medical
amnesty call did not
end up needing
medical attention
after evaluation

Overview of Campus Programming Efforts

Secondary Prevention Programming

Harm Reduction Education

HWS' secondary prevention efforts are focused on reaching students who appear to be at a greater risk for substance use related problems. These intervention strategies aim to identify these higher risk students and aid them in reducing their risky behavior moving forward. Our focus is based in the theory of motivational interviewing and harm reduction strategies.

Outcomes for alcohol and other drug violations are considered on a case-by-case basis. Students are assigned educational outcomes that meet the needs of the student based on the incident(s) in which they were involved in as well as their previous conduct history. Educational outcomes are as follows:

- Peer Mentor Meeting (introduced 2019-2020): First-time, lowest level response for first-year students, consisting of three meetings with a peer mentor to discuss community, positive relationships, and resources.
- Alcohol Reflection Assignment: Lower-level incidents involving alcohol.
- My Student Body (Essentials): Online course for first or second-time low level incidents involving alcohol.
- Marijuana eCheckup To Go (online): First-time and/or low level incidents involving marijuana
- BASICS: Second or third-time or mid-level alcohol violations or those which include a medical transport.
- Impact: A revised educational intervention of BASICS, Impact is used for second or third AOD related incidents or a medical transport.
- False Identification Assignment: An educational intervention when students are found in possession of a fraudulent ID.

Assessment of Secondary Prevention

Peer Mentor Program: Thought listed as an outcome for conduct review officers, this sanction was not assigned during this period of review, likely as part of COVID-19 restrictions and at this time has been tabled due to lack of impact.

My Student Body (Essentials Choice): Assessment was not completed during this period due to COVID-19.

Overview of Campus Programming Efforts

Assessment of Secondary Prevention (continued)

Alcohol Reflection Assignment: Using the AAC&U Student Conduct Reflection Rubric, students were required to submit a reflection after their incident. Students were able to report an understanding of the impact of their behavior (88%), describe how their choices connected to their personal values (84%), how the incident impacted their decision-making (96%), describe a reasonable perception of how their behavior impacted the community (92%), and create a plan for the future (100%).

Marijuana eCheckUp to Go: Completion of this assignment was the primary assessment strategy used for this assignment. In the previous review, 59% of students who were assigned this completed the assignment (47 of 80).

During this edition of the review, 75% of students completed the assignment (47 of 63). The rate of completion for this assignment increased by 16% from review-to-review.

BASICS/IMPACT: Due to staff changes in AOD and COVID-19, the BASICS/Impact post-program assessment was not completed during this period.

Important Note: Future editions of the biennial review at Hobart and William Smith Colleges will be able to return to assessment or different sanctioning methods as we have begun to move out of the COVID-19 pandemic.

100%

of students were able to determine a plan for the future to not repeat the circumstances that lead them to have an alcohol-related incident

75% of students completed marijuana-related outcomes compared to 56% in the previous year.

92% of students are able to describe how their behavior impacted the community.

Overview of Campus Programming Efforts

Tertiary Prevention Programming

HWS' tertiary prevention efforts are focused on providing the appropriate level of care to students who have substance use disorders or who are at the greatest risk for a substance use disorder. Students who have had multiple AOD-related violations of the Community Standards or who have had higher-risk violations are referred to the Office of Campus Life for a One-on-one assessment.

One-on-one assessments are reserved for students who appear to be at the greatest risk for substance related disorders and students are expected to participate in a meeting with a Campus Life professional staff member to determine if a referral to off-campus resources is appropriate. One such of these resources is the Finger Lakes Addiction Counseling and Referral Agency (FLACRA) for an evaluation. Students were referred to FLACRA after the Office of Campus Life reviewed the incident and spoke with the student. In addition, the Office of Campus Life will provide funding and/or transportation for students who had financial need.

83%

decrease in the number of students referred for a one-on-one assessment related to alcohol or other drug use.

Assessment of Tertiary Prevention

During the previous review, 48 students were referred for a one-on-one assessment with 25 completing successfully (52%). During this review period, 8 students (5 in AY 2020-2022 and 3 in AY 2021-2022) were referred for a one-on-one assessment with 6 completing successfully (75%). An important consideration to make when looking at this review and the previous are that services with one-on-one assessment many have been interrupted due to COVID-19 as well as the graduation of students assigned this measure as an outcome.

Summary

The problems that come along with the irresponsible use of substances are a prominent concern in higher education institutions. There are many ways in which HWS succeeds at combating these concerns; however, it is important to also acknowledge areas in which we can improve. These strengths and weaknesses were brainstormed by Campus Life professionals who regularly interact with students via AOD programming and student conduct follow up.

Strengths

1. The conduct process is constantly assessed and altered in order to serve our students' needs best. Conduct officers met regularly with the Dean of Students for most of this review and now meet regularly with the Director of Community Values and Conflict Resolution for clear communication regarding the sanctioning process.
2. An associate director within the Student Engagement team has a specialty in Alcohol and Other Drugs Programming who assists with Alcohol Sanctioning, Programming, and in leading the ADAPT Team.
3. A dedicated professional to oversee the conduct process was added to the Campus Life staff, ensuring that student conduct sanctions are followed through on so that students receive necessary education on AOD topics.
4. HWS has maintained its positive relationship with FLACRA (Finger Lakes Addictions Counseling and Referral Agency). This relationship allows for students who need substance abuse assessment or treatment to have a dedicated location within the Geneva area. There have also been conversations to have an on-campus office of FLACRA within the Hubbs Health Center.
5. A campus-wide collective approach to programming (ADAPT), with student and community partner involvement, allowed for greater needs-assessment and recruitment of students to participate in programming.
6. Creation of the Dean of Wellness and Support was proposed to assist students with mental health and general wellness (inclusive of substance use/abuse/misuse). Position will be evaluated in full during next iteration of the Biennial Review.

Recommendations from Previous Biennial Review

Re-hiring an FTE position dedicated to AOD would benefit the community.

At this time, this FTE position has not been hired. However, a FTE employee was hired to focus solely on student conduct (the Director of Community Values and Conflict Resolution). Beginning in the Fall 2022 semester, this staff member will oversee a graduate student who will be able to create more programming opportunities to focus on AOD while also helping to follow up on AOD cases through the student conduct process. Additionally the Dean of Student Wellness assists students who are struggling with substance use/abuse/misuse.

While the Peer Mentor Program helped connect with students since a majority of cases were alcohol-related, additional training on alcohol resources, red flags, and social norms information will help Peer Mentors be more informed.

This has been tabled at the moment, at present the Peer Mentor Program itself has been tabled; a product of the COVID-19 pandemic. Should the Peer Mentor Program be re-instituted, this advice will be followed.

While planning is underway for continued involvement with on-site assessment and treatment, a steering committee may help keep tasks oriented and create a more robust timeline and awareness campaign

Assessment was difficult during the COVID-19 pandemic, now that we are largely past that challenging period. This is a task that can be taken on by the ADAPT team to help in their programming campaign across campus.

ADAPT must consider the continued use of digital and paper signage in an age where social media use may be more beneficial.

ADAPT has transitioned to the use of social media along with traditional advertisement methods (sharing flyers with campus partners to share on their social media).

Recommendations for the Future

1. Re-hiring an FTE position dedicated to AOD would benefit the community.
2. In addition to a FTE, considerations should be made for a graduate student to assist in AOD programming outreach as HWS has expanded its graduate school and positions available for graduate students.
3. Expand ADAPT to include more students on the team to voice out the needs of the target population that is aimed at assisting.
4. Evaluate conduct sanctioning around AOD to ensure that sanctions are still meeting the needs of our community.

Appendix A

Alcohol and Other Drug (AOD) Prevalence Rate, Incident Rate, and Trend Data

Alcohol and Other Drugs (AOD) Prevalence Rates, Incident Rate, and Trend Data

The following charts of AOD-related violations are maintained and provided by the Office of Campus Life and outline violations per academic year. An important note is that a single incident may have multiple respondents, each with multiple charges. The tables below detail how many times a specific charge was applied to students at HWS. The total number of cases (including but not limited to AOD Violations) for 2020-2021 was 985 and for 2021-2022 was 602.

2020 - 2021				
Charge	Amnesty	Not Responsible	Responsible	Total
Activities That Promote Irresponsible or Binge Drinking	0	0	13	13
Alcohol Moderation	0	0	2	2
Alcohol-Free Residence Halls	0	0	7	7
Alcohol-Related Paraphernalia	0	0	0	0
Allowing Underage Consumption/Possession	2	0	7	9
Display of Alcohol/Drug-Related Items	0	0	2	2
Distributing Illedgal Drugs	0	1	0	1
False Identification	0	0	3	3
Hard Liquor	0	3	15	18
In the Presence of Drinking Games	0	0	4	4
Local Ordinances: Open Containers	0	0	0	0
Open Containers	0	0	0	0
Possession of drug paraphernalia	0	2	21	23
Possession of marijuana and/or other drug paraphernalia	0	0	0	0
Possession or use of marijuana	0	4	33	37
Providing Alcohol to Underage Individuals	0	0	1	1
Public Intoxication or Drunken Behavior	0	0	2	2
Underage Possession or Consumption of Alcohol	0	11	70	81
Use or possession of illegal drugs	0	2	4	6
Total	2	23	184	209

2021 - 2022					
Charge	Amnesty	Not Responsible	Responsible	Student Took Responsibility	Total
Activities That Promote Irresponsible or Binge Drinking	0	2	26	0	28
Alcohol Moderation	0	3	15	2	20
Alcohol-Free Residence Halls	0	1	4	0	5
Alcohol-Related Paraphernalia	0	1	11	0	12
Allowing Underage Consumption/Possession	0	5	1	0	6
Display of Alcohol/Drug-Related Items	0	0	2	0	2
Distributing Illedgal Drugs	0	0	0	0	0
False Identification	0	0	5	0	5
Hard Liquor	3	30	24	1	58
In the Presence of Drinking Games	0	0	3	0	3
Local Ordinances: Open Containers	0	0	1	0	1
Open Containers	0	0	1	0	1
Possession of drug paraphernalia	0	9	14	1	24
Possession of marijuana and/or other drug paraphernalia	0	0	4	3	7
Possession or use of marijuana	0	11	19	4	34
Providing Alcohol to Underage Individuals	0	0	0	0	0
Public Intoxication or Drunken Behavior	2	0	2	1	5
Underage Possession or Consumption of Alcohol	2	17	21	4	44
Use or possession of illegal drugs	0	0	1	0	1
Total	7	79	154	16	256

Appendix B

EDGAR Part 86 Compliance Information

From the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist

1. Does the institution maintain a copy of its drug prevention program?; Yes

If yes, where is it located? The Office of the Vice President of Campus Life, in the Community Standards Handbook, and the AOD Annual Notice.

The Colleges' drug prevention and enforcement of community standards for alcohol and other drug use is documented in the Community Standards Handbook. An electronic version is located on the Colleges' Website and can be found on the Student Life page: [LINK](#). The Alcohol and Other Drugs Information Annual Notice provides all students and employees with a more concise snapshot of these policies.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?; Yes. The Alcohol and Other Drugs Information Annual Notice is distributed to all members of the HWS community. All students receive both the Community Standards Handbook as well as the Alcohol and Other Drugs Information Annual Notice.

a. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities?

Students: Yes Staff/Faculty: Yes

b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol?

Students: Yes Staff/Faculty: Yes

c. A description of applicable legal sanctions under local, state, or federal law?

Students: Yes Staff/Faculty: Yes

d. A description of applicable counseling, treatment, or rehabilitation or re-entry programs?

Students: Yes Staff/Faculty: Yes

e. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions?

Students: Yes Staff/Faculty: Yes

EDGAR Part 86 Compliance Information (continued)

3. Are the above materials distributed to students in one of the following ways?

a. Mailed to each student (separately or included in another mailing): No

b. Through campus post offices boxes: No

c. Class schedules which are mailed to each student: No

d. During freshman orientation: No

e. During new student orientation: No

f. In another manner: Yes (The Annual Notice is distributed to each residential student's room and off-campus student's student mailbox). The Annual Notice and Community Standards are also distributed via e-mail.

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually?: Yes

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?: Yes

6. Are the above materials distributed to staff and faculty in one of the following ways?

a. Mailed

Staff: No Faculty: No

b. Through campus post office boxes

Staff: No Faculty: No

c. During new employee orientation

Staff: Yes Faculty: Yes

d. In another manner: Email

Staff: Yes Faculty: Yes

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?: Yes

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?: Yes

EDGAR Part 86 Compliance Information (continued)

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

a. Conduct student alcohol and drug use survey: Yes (BIDS, Athlete Survey)

b. Conduct opinion survey of its students, staff, and faculty

Students: Yes Staff /Faculty: No

c. Evaluate comments obtained from a suggestion box

Students: No Staff /Faculty: No

d. Conduct focus groups

Students: Yes (ADAPT) Staff /Faculty: Yes (ADAPT)

e. Conduct intercept interviews

Students: Yes Staff /Faculty: No

f. Assess effectiveness of documented mandatory drug treatment referrals for students and employees

Students: Yes Staff /Faculty: No

All students who have been required to meet with staff for BASICS or complete the eCheckUp are required to complete a survey regarding changes they have implemented and knowledge gained from the program one month following completion of their sanction.

g. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees

Students: Yes Staff /Faculty: No

Review of conduct cases is conducted yearly by the Office of Campus Life. A majority of educational sanctions undergo learning outcome assessment via rubrics.

10. Responsibility for Conducting the Biennial Review

The Director of Community Standards and Conflict Resolution coordinated the biennial review for 2020-2022

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

No requests for this document to be reviewed have been made.

12. Where is the biennial review documentation located?

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